

“Happy Valentines!!”

Have you ever thought about why Valentines Day is so popular? No matter who you are or where you live “ The most precious possession that a person ever has is the love of others!”

So during the month of February try and take a little more time to show your appreciation to others. Sometimes that little extra can make a person’s day, week or even year.

To celebrate Valentines Day, Provincial Homecare is giving away a dozen roses, a box of chocolates, and a Teddy Bear on Valentines Day.

All you have to do is leave a comment on our Facebook page as to why you LOVE Provincial Homecare and your name will be entered for a chance to win one of these prizes. It’s that easy.

So don’t forget to watch our Facebook page and visit our web site www.provincialhomecare.ca to find out if you won!!



Home Safety Tips...

- Keep your driveways and steps clear of snow and ice
- Do not lift heavy objects and always lift with your legs
- Replace broken electrical appliance as they may be a fire or safety hazard
- Put vacuum cleaners away as soon as you are finished, as they may pose a tripping hazard
- Check your smoke detectors and replace batteries
- Keep a fire extinguisher in or near your kitchen and wood stoves that is readily accessible in case of fire – but don’t put it too close to your stove!
- Check your fire extinguisher and ensure it is not out dated or in need of replacement
- Always keep a flash light on hand for emergencies

We have an Occupation Health and Safety Committee to voice any concerns you may have about your workplace safety. **Safety is everyone’s job, especially yours!!**

We thank you for the opportunity to help you and your family

How are we doing?

WOW!!! We have had so much positive feedback on the weekly timesheets that it is impossible to mention everyone. Here is just a sample of some of our employees who received "Excellent" service ratings on their timesheets:

Theresa White, Rachel Vivian, Helena Young and Kimberly Courage.

Ruth Jefferies - Ruth is a fantastic person. She is an excellent worker.

Marie Hamilton - I don't know what I would do without her.

I want to congratulate everyone who provided "Excellent" service to our clients. Keep up the good work!!

Don't forget to start each shift by asking "What can I do for you today?"

Do you know of anyone who might be a good home support worker? Let us know.

Word Find Puzzle														
X	W	P	D	I	G	N	I	T	Y	H	P	K	L	SUPPORT CARE DIGNITY FAMILY HELP LOVE PROVINCIAL HOMECARE
J	R	O	B	I	H	S	U	P	P	O	R	T	O	
L	A	I	C	N	I	V	O	R	P	E	X	X	V	
T	Y	P	L	E	H	A	Y	L	I	M	A	F	E	
R	F	E	R	A	C	M	L	N	V	W	J	E	J	
D	T	H	O	M	E	C	A	R	E	N	U	H	X	

Almond Cream Pie

<p><i>Beat together at low speed:</i> 8oz pkg of cream cheese 1 can condensed milk 2 lg tubs cool whip Pour into pre made graham crust Refrigerate</p>	<p><i>Topping:</i> Fry: ¼ cup butter, 1 cup sliced Almonds, 1 cup Flaked coconut Stir until golden brown, cool on parchment paper and sprinkle over pie. Drizzle with caramel sauce and freeze.</p>
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"The Family Helper" is your monthly newsletter! So we welcome your thoughts and ideas.

Just send them to provincialhomecare@hotmail.ca or fax (709) 834-3397.

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