

Welcome to our first Newsletter “*The Family Helper* ” !!! A place where both clients and employees can exchange ideas and talk about things that are happening within Provincial Homecare and our communities. **Did you know** we are growing and now provide services to over 35 communities!!

This newsletter is all about you! So we welcome your thoughts and ideas. Maybe you have a comment, suggestion, picture or your favourite recipe that we can share with others? Just send them to provincialhomecare@hotmail.ca or fax (709) 834-3397.

Don’t forget to check out our Facebook page... we will be uploading pictures of the Christmas parade later in the month!

I would also like to take this opportunity to wish everyone a safe and Happy Holiday Season from my family and the management of Provincial Homecare.



Neil Tremblett

In Our Community

We would like to extend a special note of appreciation to all our veterans. As a small token of appreciation we presented our clients with fruit baskets on November 11th. Thanks to our staff, as well, for volunteering to deliver them!!

Did you Know... Provincial Homecare and its staff has recently made donations to “Kids Eat Smart Program”, “Sleeping Children around the world” and “Kiwanis Music Festival” to the sum of over \$1,100.00!

Did you see us at the Seniors fair in Grand Falls-Windsor? What a great turnout! You can view pictures and leave a comment on Provincial Homecare’s Facebook page.

We look forward to seeing many of you at this year’s Christmas Parade. Look for us in the Parade.

Now that old man winter is officially here make sure you keep your steps and driveways clear of snow and ice. If there is an emergency people will need quick and safe access.

We thank you for the opportunity to help you and your family

Safety tip of the month

Remember that *nothing we do is worth getting hurt for* so always put safety as your top priority. If you spot a safety hazard or are uncomfortable performing a task report it to your supervisor. ***Safety is everyone's job, especially yours!!***

Help us serve you better

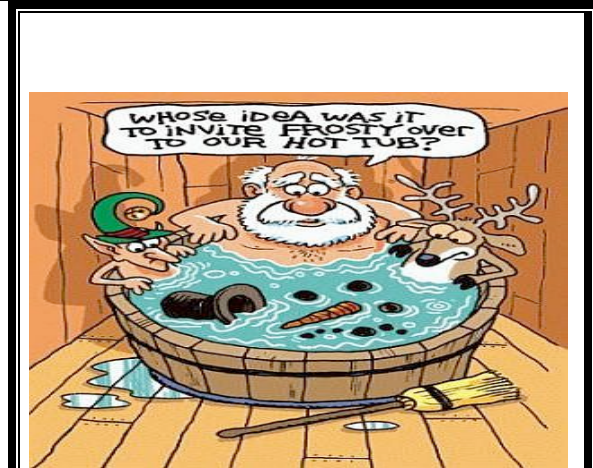
We are always looking for ways to improve. Soon you will notice a question on your time sheets so clients can easily let us know how we are doing... A simple way to let us know if you are pleased so we can recognize the staff or if we need improvement, so we can address your concerns. *Please remember to notify the office of any schedule changes or issues with employee's attendance.*

Don't forget that the holiday season is typically a joyful time spent with our love ones. However, for some people the season can be very emotional and even lonely. Home Support workers can help make this time a little easier by helping people with holiday tasks and providing companionship when it is needed most. ***So please ensure any schedule changes are approved by the office, and you attend your scheduled shifts during this holiday season.***

Christmas Smartie Cookie

1 cup Shortening
1 Cup Brown sugar
½ Cup white sugar
2 eggs
2 tsp vanilla
2 ¼ cups flour
1 tsp baking soda
Pinch of salt
1 Cup Smarties or chocolate chips

Blend together shortening and sugar in a large bowl. Beat in vanilla and eggs. Combine all other ingredients. Drop from teaspoon to cookie sheet. Stick a few Smarties on top of each cookie. Bake at 350 for about 10 minutes. ENJOY



We are looking for some more good home support workers. If you know someone let us know.

Like....

Pat French 15 years of service
Michelle Gilbert 12 years of service
Minnie Hogan 10 years of service

Thanks for your dedication and hard work!!

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